

DIRECTIONS TO PREPARE FOR INTRAVENOUS ANESTHESIA

Patient's who desire to receive IV anesthesia (be asleep) for their surgery must come with an empty stomach and an escort. This is essential for your safety and welfare. Please carefully read and follow these directions:

No solid foods for 6 hours prior to your scheduled appointment. Solid foods include milk products of any kind and non-clear juices like orange or pineapple

Small amounts of clear liquids may be consumed until 2 (two) hours before your appointment. Examples include water, soda pop, apple, grape, or cranberry juice, black coffee or tea (**no creamer**).

Nothing, including water, can be taken during the 2 (two) hours just before your surgery or you will not be able to receive IV anesthesia

Medicines that you use regularly should be taken at the normally scheduled time with a sip of water, unless you are directed differently by Dr. Hicks

Parent / Guardian Patients who are **under the age of 18** or are handicapped **must have a parent or legal guardian attend** their consult and surgery appointments.

Escorts are required for all patients who will be receiving intravenous anesthesia. Dr. Hicks expects them to **remain in the office** to receive directions in caring for the patient they are to be assisting postoperatively.

Diabetic Patients: If you are planning on having your anesthesia and surgery on the same day as your consultation, please call Dr. Hicks for directions prior to your scheduled appointment to modify your diabetic medicine regiment.

Blood Thinners: Patients taking Coumadin, Warfarin, or Plavix (or a generic brand) must notify Dr. Hicks at least one week prior to your appointment for directions and laboratory studies that may be needed prior to your surgery.

Clothing: Please wear comfortable, loose fitting clothing the day of your anesthesia and surgery. Short sleeves are helpful.

Illness: If you develop an illness such as the flu, a cold, or have a cough or runny nose please call to reschedule your appointment

Post-Anesthesia: Patients who have been given IV anesthesia medications should not operate any vehicle or machinery, or make any business decisions for 24 hours.